

Questions?

Call Customer Service
toll-free at 1-888-901-4636

Web support

Call toll-free at 1-888-874-1620

TTY

For members who are hearing- or
speech-impaired, call toll-free at
1-800-833-6388 or 711

MyGroupHealth

Health care made
easy online



GroupHealth®

Tools and information at your fingertips.

MyGroupHealth for Members is your personal website that lets you manage your health care from your computer.

With MyGroupHealth you can:

CREATE YOUR HEALTH PROFILE.

Answer a few questions online and get a customized health status report immediately. See where you're doing well and get tips on areas to make changes.

REFILL PRESCRIPTIONS.

Refill prescriptions and receive them in a few days. Shipping is free!

CHECK YOUR BENEFITS.

Check your coverage information, benefits and services—even track deductibles and out-of-pocket expenses.

LOOK UP HEALTH INFORMATION.

Browse more than 5,000 health care topics in our searchable health library.

MyGroupHealth is private.

The security of your health information is our priority.

And if you get care at Group Health Medical Centers, you can also:

E-MAIL YOUR DOCTOR'S OFFICE.

Send your health care team a secure message and you'll hear back typically by the end of the next business day.

REQUEST APPOINTMENTS.

It's easy: just pick the doctor, time, and date you want. Cancel appointments as well.

REVIEW VISIT AND CALL SUMMARIES.

These include doctor visits and Consulting Nurse calls and provide comments and instructions.

GET TEST RESULTS.

You'll receive an e-mail notification as soon as they're available online.

VIEW YOUR ONLINE MEDICAL RECORDS.

Including test results, immunization records, allergies, and current health conditions.

ACCESS YOUR CHILD'S RECORDS.

See your child's online medical record, including any test results, and view or print immunization records. Exchange e-mail with your child's doctors and request appointments. (Available for most children through age 12.)



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"Tour Online Services."